

# Kim's "I Can't Believe it is Already February" Newsletter

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SHOW ME THE \$\$



Aha....you will need to read the newsletter to find out what your incentive will be this month! Pretty darn clever!

## CPR Class

I want to thank everyone that was at the CPR class. I hope you got a lot out of class. You never know when you will need to use it.



Tyler S and Nikki B are practicing their CPR skills.




## Homework Help!!!

How do you eat an elephant? If you had to eat a bullfrog, a toad and a tiny tree frog, which would you eat first?

No, I am not crazy, but the answers to these riddles really can help. You eat an elephant one bite at a time. When doing homework, think of your goal or what you need to achieve. Once you have that in mind, break it down into manageable bites. By taking it one bite at a time, the goal doesn't seem so overwhelming. By the way, don't forget dessert. Try attaching a reward with each bite (ex. a cookie for every goal).

So would you eat the bullfrog, toad or frog first? I would swallow the biggest one first, then the other two would be easy. If you have homework in two or three subjects, do the one you know you will enjoy least first. After getting that out of the way, the other two will seem easy.

## FEBRUARY CALENDER

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 Start preparing for OGT Test	2 Ground Hog Day...6 more weeks of winter :{ Savanna B-Day	3 The day after February 2 <sup>nd</sup> ...(Pretty creative huh?)	4 National Wear Red Day!	5 1870 1 <sup>st</sup> motion picture shown to a theater audience
6 Super Bowl 45 Steelers V. Packers Go Browns (Sick humor)	7 Ashton Kutcher's Birthday	8 Give a family member a hug and tell them that you love them! Morgan B-Day	9 You'll be receiving a check for _____. Keep up the good work!	10 Beginning Sewing Class at Athens Public Library 6:30 PM	11 Pres. Reagan claims this day as National Inventors Day 1983 James B-Day	12 Athens Public Library Book Sale 9:00 a.m.
13 Make Dinner for your family!	14 Valentines Day 	15 Talk with your counselor about ACT/SAT tests.	16 Nylon Stockings Patented 1937	17 (PTA) Parent Teachers Association Founded 1897 Happy B-Day Michael Jordan (1963)	18 Kim off for 3 days. Call me on my cell if there is an emergency!	19 Cirque Shanghai Bai Xi-OU Performing Arts 7:30
20/27 Do the laundry or dishes without being told.	21/28 Presidents Day...NO SCHOOL for some 28Josi B-Day	22 Girl Scout Thinking Day	23 OU Mens Basketball at the Convo	24 Make plans to go to Old Mans Cave this weekend	25 The Beatles begin recording Abbey Road (1969)	26 OU Swimming and Diving Competition -Aquatic Center



## Book Review



*"Life is what happens  
while you're making  
other plans."*

John Lennon

[Cheap prescription  
eyeglasses and  
sunglasses-](#)  
[ZenniOptical.com](#)

## Parents 101



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President's Day is February 21<sup>st</sup>. Besides just being a day you don't have to go to school (*check to see if your school will be closed that day*), do you know why we celebrate it?

President's Day (also called Washington's Birthday) is celebrated in the USA on the third Monday of February. It is a Federal holiday. George Washington's birthday was originally designated a national holiday in 1885, but its date was changed by Congress in 1971. This US holiday is meant to honor only George Washington, but many people consider President's Day a day to honor both George Washington and Abraham Lincoln.

## The Shadow Children Books by Margaret Peterson Haddix

These are the books that you can't put down once you start. *Among the Hidden*

**PLOT:** Luke has never been to school. He's never had a birthday party, or gone to a friend's house for an overnight. In fact, Luke has never had a friend.

Luke is one of the shadow children, a third child forbidden by the Population Police. He's lived his entire life in hiding, and now, with a new housing development replacing the woods next to his family's farm, he is no longer even allowed to go outside.

Then, one day Luke sees a girl's face in the window of a house where he knows two other children already live. Finally, he's met a shadow child like himself. Jen is willing to risk everything to come out of the shadows--does Luke dare to become involved in her dangerous plan? Can he afford not to?

The seven book series follows many different characters, who all connect somewhere along the way. These books are real page turners, full of cliffhangers.

"No mom, I don't want to go to the movies tonight...I want to finish my book!" Abbey Hobbs while reading *Among the Free*.

### What makes your parents tick?

Parents-who can understand them? They get mad over nothing, their rules are unreasonable. They are too involved! They aren't involved enough? They are soooo embarrassing!

Have you ever had these thoughts? Why is it so hard to understand and by understood by parents? Here are a few hints to make life a bit easier at home.

**Pay attention.** Become an expert on your parents. Understand how they tick, how they deal with pressure and what makes them smile.

**Pay attention to yourself.** Notice how you respond to them. Do you grunt when you walk by? Do you only respond in one word answers?

**Ask for their advice.** Sometimes they can come up with some good stuff!

**Volunteer information.** When your parent has to ask 20 questions in order to find out what your plans are, they may think you have something to hide.

**Play a game with them.** Yes, boardgames or cards are old school, but spending some fun times with the folks may make them more generous with your friend time.

\*Your parents can be really fun and funny!